

DEPARTMENT OF PHYSICAL EDUCATION
GENRIC ELECTIVE (TIME TABLE (w.e.f. August 2021))

TIME/DAY	1	2	3	4	5	6	7
	9.30-10.30AM	10.30-11.30AM	11.30-12.30PM	12.30-1.30PM	1.30-2.30PM	2.30-3.30PM	3.30-4.30PM
MONDAY	GE III rd Sem. (Th.) RS				GE – Ist Sem. (Th.)	GE III rd Sem. (Pr.)RS- GROUP -A Sports Ground GE III rd Sem. (Pr.)SC- GROUP-B Sports Ground	
TUESDAY	GE III rd Sem. (Th.)RS				GE – Ist Sem. (Th.)	GE – I st Sem. (Pr.) - GROUP -A Sports Ground GE – I st Sem. (Pr.) - GROUP -B Sports Ground	
WEDNESDAY	GE III rd Sem. (Th.)RS				GE – I st Sem. (Th.)	GE III rd (P)Sem. (Pr.)RS- GROUP -A Sports Ground GE III rd Sem. (Pr.)SC- Sports GROUP -B Ground	
THURSDAY	GE III rd Sem. (Th.)RS				GE – I st Sem. (Th.)	GE – I st Sem. (Pr.) - GROUP -A Sports Ground GE – I st Sem. (Pr.) - GROUP -B Sports Ground	
FRIDAY							

TEACHING FACULTY

RS-Ms. REKHA SHARMA

SC -Dr. SANJAY CHAUDHARY

*GE-IIIrd : - AEROBICS TRAINING

GE Ist: - YOGA AND STRESS MANAGEMENT

VENUE

THEORY CLASSES –

PRACTICAL CLASSES –SPORTS GROUND

MS. REKHA SHARMA
(TEACHER INCHAGE)

DR. NIRMAL JINDAL
(PRINCIPAL)