

DEPARTMENT OF PHYSICAL EDUCATION
GENERIC ELECTIVE (TIME TABLE (w.e.f. August 2020))

| TIME/DAY | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|------------------|----------------------------|---------------|---------------|--------------|----------------------------|--|-------------|
| | 9.30-10.30AM | 10.30-11.30AM | 11.30-12.30PM | 12.30-1.30PM | 1.30-2.30PM | 2.30-3.30PM | 3.30-4.30PM |
| MONDAY | GE III rd Sem. (Th.) SC | | | | GE – Ist Sem. (Th.) RS | GE III rd Sem. (Pr.)SC- GROUP -A Sports Ground GE III rd Sem. (Pr.)RS- GROUP-B Sports Ground | |
| TUESDAY | GE III rd Sem. (Th.)SC | | | | GE – Ist Sem. (Th.) RS | GE – I st Sem. (Pr.) RS- GROUP -A Sports Ground GE – I st Sem. (Pr.)SC - GROUP -B Sports Ground | |
| WEDNESDAY | GE III rd Sem. (Th.)SC | | | | GE – I st Sem. (Th.) RS | GE III rd (P)Sem. (Pr.)SC- GROUP -A Sports Ground GE III rd Sem. (Pr.)RS- Sports GROUP -B Ground | |
| THURSDAY | GE III rd Sem. (Th.)SC | | | | GE – I st Sem. (Th.) RS | GE – I st Sem. (Pr.) RS - GROUP -A Sports Ground GE – I st Sem. (Pr.) SC - GROUP -B Sports Ground | |
| FRIDAY | | | | | | | |



TEACHING FACULTY

RS-Ms. REKHA SHARMA

SC -Dr. SANJAY CHAUDHARY

*GE-IIIrd : - AEROBICS TRAINING (Paper Code :-12555324)

GE Ist: - YOGA AND STRESS MANAGEMENT (Paper Code :-12555101)

**MS. REKHA SHARMA
(TEACHER INCHAGE)**

VENUE

THEORY CLASSES –

PRACTICAL CLASSES –SPORTS GROUND

**DR. NIRMAL JINDAL
(PRINCIPAL)**

